

# *First United Methodist News*

*First United Methodist Church  
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*Bishop Charles N. Crutchfield*

*District Superintendent:*

*Rev. Mike Morey*

*Rev. David P. Orr, Senior Minister*

*Rev. Janice Sudbrink*

*Rev. Stephen Dickinson*

*Rev. Claire Caldwell*

*Rev. William Cheyne*

*Rev. Herschel McClurkin*

*September 10, 2009*

## **ACROSS DAVID'S DESK**

A 2000 reading from The Upper Room daily devotional guide has an interesting message, worthy of sharing:

James 1:22

Be doers of the word, and not merely hearers who deceive themselves.

Rev. Dr. Halsey Hewey spent at least thirty years as a missionary for the Methodist church in India. He related that on one occasion he invited Mahatma Gandhi to speak to his congregation in India. Gandhi said to the people, "If you Christians would truly follow the teachings as found in your Bible, you could take this city by storm." He was referring to the power available for us Christians and to our apparently not using the truths found in the Bible in the manner God intended.

Where does the church stand in its practice of faith and commitment to the teachings of Jesus today? Many outside the church acknowledge the worth of the teachings that are fundamental to the Christian faith. But if Christians practice the faith with a casual attitude, we cannot expect to see growth in the Christian faith, much less pass it on to others.

What wins others is seeing the transforming power of God in our changed lives. When we show passion for Jesus not only in our actions but also in our attitudes, others are drawn to the truth of the gospel.

Prayer: God of all the world, may our practice of the Christian faith be a vital force for your kingdom. Amen.

How about it, Church? Are we ready to truly follow the teachings found in our Bible? Are we about the cause of the kingdom of God? Are we ready to make ourselves available to God so that our church is a vital force for God's purposes?

See you Sunday,  
David Orr

## **-SHOAL CREEK SUNDAY, SEPTEMBER 13, 2009, AT FIRST CHURCH-**

Rev. David Orr will preach at the 8:30 Chapel and 11:00 Sanctuary service. His sermon is entitled, "Give Me a Break from Peer Pressure" and his scripture text is Daniel 3:13-18. Rev. Stephen Dickinson will preach at the 11:00 Connexion service. Rev. Janice Sudbrink and Rev. Claire Caldwell will be Liturgists. Lay readers are: 8:30, John Ayers, 11:00, David Phillips. Acolytes are Elizabeth Hinshaw and Alexandra Salamone.

Kent Blochberger and Gaye McClure will be the soloists at the 8:30 service. The Chancel Choir's anthems will be "My Eternal King" by Jane Marshall and "The Majesty and Glory of Your Name" by Fettke/Johnson.

We will be taking a special offering this Sunday for Shoal Creek which will be celebrating 50 years this year. There will be offering envelopes in your bulletins or you may send your check to the church, marked for Shoal Creek. Thank you.



**IN THE HOSPITAL**

As of Monday, September 7, 2009, the following members were known to be in the hospital:

**Sparks:**  
Clifford Davis

**St. Edward:**  
Nancy Gately  
Helen Couvillion

UAMS, Little Rock: Bette Childers



for Sunday, September 13, 2009, are placed in loving memory of Dale Jenkins and Steven Jenkins by their family, Carolyn Jenkins, David and Laura Jenkins, and Tommy and Connie Jenkins Croy.

**Altar Flower Openings**

We have the following openings for altar flowers: **September 27, October 11 & 25.** If you would like to put flowers on the altar in memory or in honor of a loved one, call 782-5068.



Ann Keck and family on the death of his father, Clark Keck.

Jeanne Maestri and family on the death of her step-mother, Joyce Maestri.

**United Methodist Women**

will meet on Tuesday, September 15, at 10:00 a.m. in the Fireside room.

The program will be on Public Education and Rose Bethell will share her experiences volunteering in the public schools.

**Sub-group "Ordinary Women"** will meet on Sunday, September 13, at 5:00 p.m. in the Narthex Conference Room.

**BY YOUR GIFTS . . .**

Rec'd this week.....\$44,806  
Rec'd to date.....\$1,011,140  
Budgeted to date.....\$1,185,028

**Please pray for the following who are serving in our U. S. Military:** Ellen Driggers, Darson Emery, Luke Bouxsein, Shaun Sorensen, Richard Johnson, Terry Blanton.

**Foundation Information**

Retirement funds present new opportunities for giving to the church. You may want to name the church as the beneficiary of your individual retirement account or other retirement funds, in the event that you or other family members die before receiving all of the funds.

**Methodist Men's Clubs**

**Thursday, Noon Lunch/Bible Study, September 17,** Bob Hawkins will teach John 13, Family Life Center.

**Friday Morning Breakfast/Bible Study, Sept. 18, 2009,** 6:30 a.m., Family Life Center.

**The Altar Flowers**



We welcome the Bruton family to our church family. Mike and Stefanie and their children, Katalina, Jacqueline and Robert joined at the 11:00 a.m. sanctuary service on September 6, 2009. Mike, Katalina, Jacqueline and Robert were baptized and Stefanie joined by transfer.

**Arthritis Exercise Program**

to begin classes Wednesday, September 23, 1:30 p.m., in Room M105 and ending on October 29.

Spaces are limited so call Rosemary Alcon at West Central Center on Aging, 478-8819, to sign up today.

**Destination Station Bible Verse for September  
Luke 6:37**

Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive and you will be forgiven.



**October** There will be a planning and organizational meeting for the **October Fall Festival**, Tuesday, September 15, at 6:15 p.m. in the Fireside room.

Those who have signed up to work the festival **and/or** would like to work, please make plans to attend this meeting. We are anticipating a record breaking crowd at the festival again this year, so volunteers are needed to help make this an awesome event for our congregation and our community. There will be volunteer positions for all ages.

Contact Connie Adrion, 629-1041, for more information.



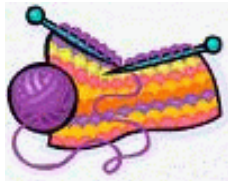
Have a new email address? Call the church office and let us know, so you won't miss an email from your church family.

### First Place 4 Health

is a 12 week curriculum led by Rev. Janice that is centered around achieving balance in 4 essential areas of our lives: emotional (prayer), spiritual (Scripture reading and Bible study), mental (daily food record), and physical (eating well and exercising). Class time will include weigh in's (confidential), health, nutrition and exercise information, Bible study discussion, and prayer requests and prayer time.

Classes are for ages 16 and older, men and women, and will meet on Wednesday evenings at 6:15 p.m. beginning September 23. Childcare available upon request. A commitment to the 12 week program is highly encouraged. Cost is \$20 for Bible study book. For more info, call Janice. Sign-up now on Sundays in the Narthex or through the church office.

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**Prayer Shawl Ministry** will meet each Thursday at 10:00 a.m. in the Narthex.

All those who knit and crochet and those who want to learn, please come for a wonderful time of

fellowship! Call Janice, 782-5068, if you need more information.

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### Adopt a College Student Ministry



#### Adopt a Student

Would you like to bless someone and be blessed at the same time? If so, be a part of our "Adopt a College Student Ministry". This ministry helps promote a connection between First United Methodist and our college students, with care packages, thoughtful notes, baked goods, etc. An individual family, or church group, can sponsor a student.

If you are interested or are looking for more details, contact Todd Vick or Cassandra Arnhart, 782-5068.

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### Hospice Volunteers Needed

Mercy Hospice has a need for Hospice volunteers in our area to go into patients' homes and help them with needs such as sitting with them, ministering to them and running errands.

Mercy Hospice is offering classes for new Hospice volunteers starting Thursday, October 1, 2009 at the Donald W. Reynolds Cancer Support House, 3324 South "M" Street. The classes will be each Thursday through October 29, from 1:00-4:00 p.m. For more information or to reserve a place in the class, please call Dianne Kitchen at (479) 314-1156 or (800) 225-9743.

### From the Parish Nurse:



### Mini-Clinic

Sunday, September 13, 8:45-10:00 a.m. in the Narthex Conference room there will be a Mini-Clinic that will offer blood pressure checks and diabetes screenings. Do not eat or drink sweetened drinks prior to having your blood sugar tested.

Stop by and take advantage of these free screenings and also pick up helpful and healthy information about how to prevent high blood pressure, diabetes, stroke and the seasonal and swine flu.



### Flu Prevention

To prevent the spread of flu this fall and winter, hand sanitizer solutions will be located throughout the church. The Center for Disease Control suggest using this solution frequently. Influenza viruses can persist on nonporous surfaces such as door handles, table tops, and chairs for 24 to 48 hours. So, when contaminated hands touch a nonporous surface, it serves as a primary source of disease transmission. The use of hand sanitizing gel reduces the rate of getting and spreading the flu by 33-50 percent.



Flu shots will be offered to the congregation for ages 18 and older for the low cost of \$15 on Sunday's, October 11, 18 and 25. Seasonal flu vaccines will not provide protection against 2009 H1N1 influenza (sometimes called swine flu) but will protect against the seasonal flu. Seasonal flu vaccines are highly recommended this year. The vaccine to prevent the 2009 H1N1 virus has not yet been licensed. If the swine flu shots become available to the public, we will do our best to offer the vaccine.

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### Memorials

**In Memory of Gordon Brown** - Joe & Lois Burgess  
**In Memory of Marvin Mumme, Sr.** - R.C. & Dorothy Goodman

**In Memory of Tom Cooley** - Henry & Linda Udouj

**SUNDAY SCHOOL  
ATTENDANCE  
September 6, 2009**

<b>Class</b>	<b>Attendance</b>
Infants	5
Toddlers	
2 yr. olds	1
3 yr. olds	3
4 yr. olds	7
Kindergarten	2
Grade 1	
Grade 2	13
Grade 3and	
Grade 4	12
Grade 5	
Grade 6	13
<b>CHILDREN'S DIV.</b>	<b>56</b>

Grade 7, 8, 9,  
Grade 10,11, & 12

<b>YOUTH DIV.</b>	<b>5</b>
College	5
Aldersgate(Room M105)	20
Believers (Room M302)	5
Builders (RoomM209)	23
Chapel Class (Roebuck Chapel)	35
Cornerstones*(Room M311)	16
Disciples Room M312)	11
Discussion*(Room M301)	41
Encouragers (Room M303)	11
Friends (Room M103)	--
Gleaners (Room M201)	27
Good News (Room M202)	5
Le Menage (Room M306)	6
Roundtable (Room M213)	21
Seekers (Room M107)	9
Uplifters*(Room M205)	30
<b>ADULT TOTALS</b>	<b>265</b>
General Officers	4
*Made their quota	
<b>TOTALS</b>	<b>330</b>

**Worship:**

8:30	81
11:00 FLC	130
11:00 Sanctuary	210
Communion	52

**TOTALS 473**

**OPPORTUNITIES of the WEEK**

**Sunday, September 13**

8:15 - Holy Grounds Café Open  
8:30 - Worship, Roebuck Chapel  
8:30-12:30 - Angel Food Sign-up, FLC  
8:45 - Mini Clinic, Conference Rm.  
9:45 - Sunday School  
9:45 - Confirmation Class, M313  
11:00 - Worship, Sanctuary  
11:00 - Worship, Family Life Center  
12:00 - Acolyte Trng., Sanctuary  
5:00 - Jr. High Youth, Loft  
7:00 - Sr. High Youth, Loft

**Monday, September 14**

11:30 - Intro to Old Test., FLC102  
6:00 - Beth Moore, Fireside Rm.  
6:00 - Cub Scouts, Gym  
6:30 - Boy Scouts, 3<sup>rd</sup> Floor

**Tuesday, September 15**

9:00 - Staff Meets, Conf. Rm.  
10:00 - UMW Mtg., Fireside Rm.  
1:30 - Archives Room Open, M204  
6:00 - Disciple III, M200  
6:15 - Oct. Fest. Mtg., Fireside Rm.

**Wednesday, September 16**

9:15 - Beth Moore, Fireside Rm.  
10:00 - Ladybells, Bayliss Hall  
12:00 - WDS Board Meets, FLC102  
12:00 - CEC Board Meets, FLC101  
3:30 - Children's Choirs, Bayliss Hall  
5:30 - Communion, Roebuck Chapel  
6:00 - Chancel Ringers, Bayliss Hall  
6:00 - Praise Team, Gym  
6:30 - Disciple II, Conference Rm.  
7:00 - Chancel Choir Rehearsal

**Thursday, September 17**

6am - Men's Fraternity Bible Study, Gym  
10:00 - Prayer Shawl Ministry, Narthex  
12:00 - UMM Lunch/Bible Study, FLC

**Friday, September 18**

6:30 - UMM Breakfast/Bible Study, FLC  
10:00 - Pacesetters, Fireside Rm.

**Saturday, September 19**

9:30 - Angel Food Pick-up, Gym

**Our 10:00 a.m. Uplifters Class and our 11:00 a.m. Sanctuary service are broadcast over KFPW 1230AM.**

**Vision:**

A complete church – always under construction.

**Mission:**

Fort Smith First United Methodist Church is here to follow the Shepherd, to seek the lost, to feed the sheep, all to the glory of God.

**Rev. David Orr  
Emergency  
on call Minister for  
September 11-13  
Phone: 459-5060**